

ENDOMETRIAL BIOPSY

POST-CARE INSTRUCTIONS

- You may bleed a little today and continue to spot for several days
- You should wear a pad, not a tampon, while bleeding or spotting heavily
- If bleeding should increase or continue more than a few days, please contact our office
- If you develop a fever and/or experience severe abdominal or pelvic pain, please contact our office
- DO NOT have sexual relations for 3 days
- DO NOT douche for 1-2 weeks or until you have returned to see your medical provider
- If you have any questions or problems, please contact our office