

**COLPOSCOPY**  
*POST-CARE INSTRUCTIONS*

- You may bleed a little today and continue to spot for several days
- You should wear a pad, not a tampon, while bleeding or spotting heavily
- If bleeding should increase or continue for more than a few days, please contact our office
- **DO NOT** have sexual relations for 1-2 weeks or until you have followed up with your medical provider
- You may have a dark-colored discharge for several days due to the medication used to stop the bleeding
- If you have any questions or problems, please contact our office